



DPU Skill Leadership Academy & I Create presents

THE POWER OF BOLD MOVES

A Mindset Workshop for Leaders to Step Out of Comfort and Into Strategic Action



Duration: 3 Hours

Audience: Senior Leaders | People Managers | High-Potential Talent | Business Unit Heads

IT INVOLVES

- → Deep reflection on current leadership behaviours
- **↗ Live experiences** through guided scenarios and real conversations
- Collaborative peer learning to create insight and accountability
- Practical applications that emerge from inner mindset shifts, not just outer tactics

LEARNING OBJECTIVES

- High-Impact Conversations Master the key elements of conversations.
- **2.** Bold Leadership Moves Explore conversations that unlock breakthroughs.
- 3. Shift how they view language as a leadership tool
 Understand how everyday conversations shape direction, speed, and ownership across the business.
- 4. Recognize subtle gaps in how responsibility is held and transferred Reflect on where they might be unintentionally enabling delays, silos, or drift.
- **5.** Recognise Discomfort Understand how feeling uncomfortable can signal growth. Embrace it as a sign of pushing boundaries.
- **6.** Actionable Growth Steps Identify practical actions to accelerate growth.

KEY WORKSHOP OUTCOMES

Participants will walk away with

- A mindset reset on how influence is created through conversation—not control
- 7 Tools to build a culture of clarity, follow-
- through, and shared ownership
- The ability to initiate focused, businessaligned requests that support momentum and decision-making







PARTICIPANT REQUIREMENTS

To ensure a focused and productive session, please adhere to the following

- **7** Be seated in a quiet environment, free from distractions.
- ★ Keep a bottle of water within reach.
- 7 Have a notebook and pen ready for notes and reflections.
- Please ensure your video remains on for the entire duration of the session.

Your presence and participation matter. Thank you for your cooperation.

WORKSHOP FORMAT

This is a workshop model, not a lecture or training.



With more than 2000 hours of training and coaching experience, Sheeja has worked with leaders from many brands like Globant, NetApp, Epiroc Mining, Hersheys, BMC Software, Arcelor Mittal and many more with participants being from India, US, UK, Singapore, China, Japan, Australia and the likes.

She has been recognised as one of 50 under 50 Empowered Indians by Fox Story India.

She is Co-Author for 2 Amazon Bestselling Leadership books.

Her expertise is in Ontological coaching and Somatics and has worked with leaders of organizations in building practices around getting leaders to have effective conversations for delivering exceptional results.

Fees for the session is ₹2999

